



Quick guide

Putting on (donning) personal protective equipment (PPE)

This is undertaken outside the patient's room.

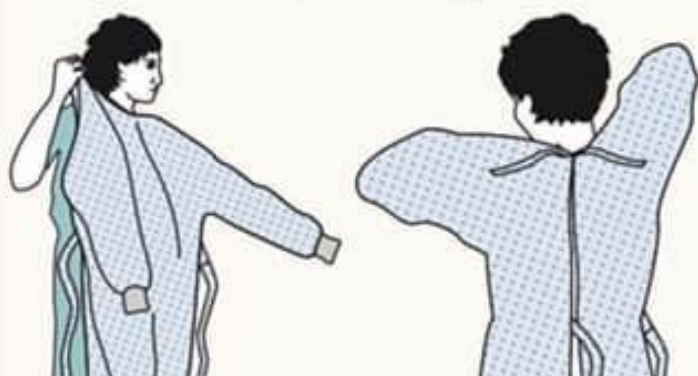
Pre-donning instructions

- ensure healthcare worker hydrated
- tie hair back
- remove jewellery
- check PPE in the correct size is available

Perform hand hygiene before putting on PPE

1

Put on the long-sleeved fluid repellent disposable gown



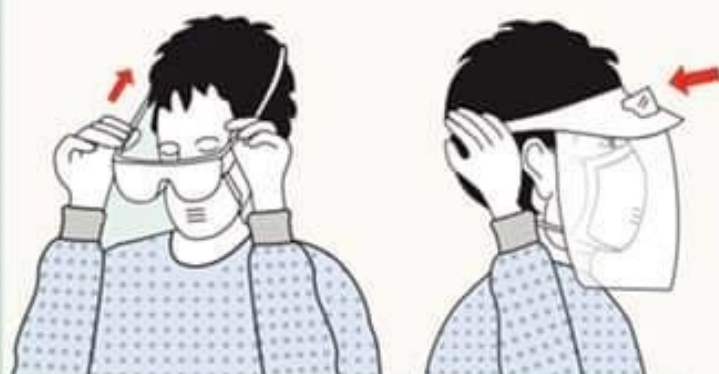
2

Respirator
Perform a fit check.



3

Eye protection



4

Gloves





Quick guide

Removal of (doffing) personal protective equipment (PPE)

PPE should be removed in an order that minimises the potential for cross contamination.

The order of removal of PPE is as follows:

1

Gloves –

the outsides of the gloves are contaminated



Clean hands with alcohol gel

2

Gown –

the front of the gown and sleeves will be contaminated



3

Eye protection –

the outside will be contaminated



4

Respirator

Clean hands with alcohol hand rub. Do not touch the front of the respirator as it will be contaminated



5

Wash hands with soap and water



ULTITEC Coverall Donning Instruction

1



Select appropriate coverall and read User Instruction.

2



Remove shoes and secure trousers into socks. Step into legs of coverall and place coverall over safety boots.

3



Pull coverall towards arms and shoulders.

4



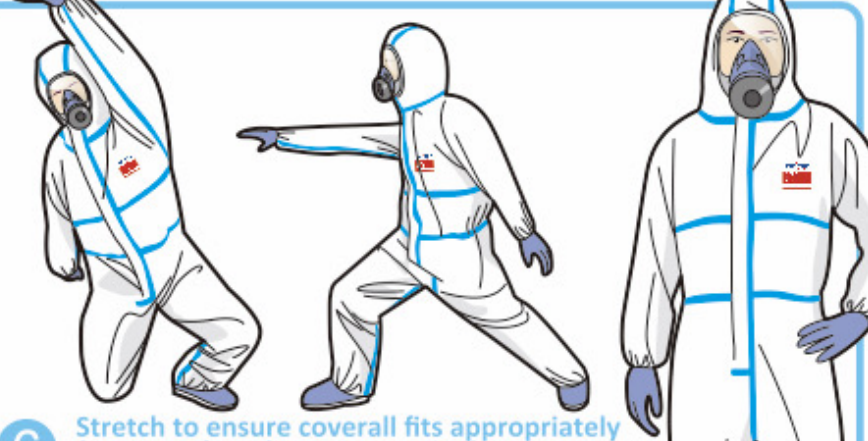
Pull zipper halfway up. Put on face mask (or respirator) and goggles. Pull hood over as head coverings. Cover sleeves over gloves.

5



Zip up coverall to chin and ensure hood fits tightly to face. Seal storm flap with adhesive tape, if any (Applicable for Type 3 and Type 4).


6



Stretch to ensure coverall fits appropriately for ease of work movement and optimum protection.

⚠ Attention

1. DO NOT reuse.
2. To comply with CE Type 5/6 and EN 1073-2, all openings such as wrists, ankles, neck, etc., should be securely taped.



ULTITEC Coverall Doffing Instruction



1 Remove adhesive tape (Applicable for Type 3 and Type 4).



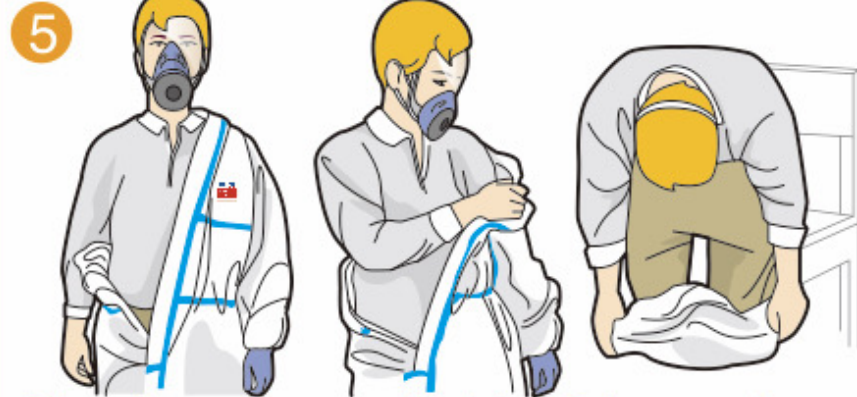
2 Unzip to waist.



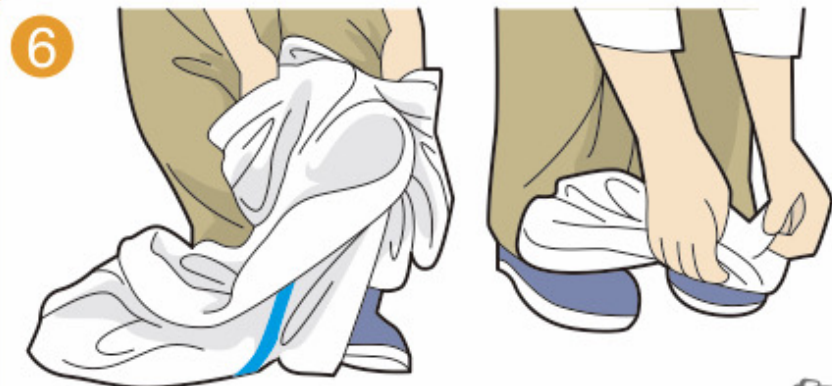
3 Grab outer part and pull hood away from head. Avoid contaminated gloves to touch head.



4 Release first arm and strip off glove from behind back.



5 Release first arm from coverall and glove. Release second arm and glove from inside of coverall. Sit and roll down contaminated coverall from inside towards outside.



6 Draw out legs from safety boots. Use clean hand to remove goggles and face mask (or respirator) from behind. Fold or roll into a bundle and dispose coverall responsibly.



⚠ Attention

1. Be careful that no contaminant comes into contact with the wearer.
2. Contaminated garment should be disposed in accordance with local regulations.